



## NEWSLETTER No 323

15<sup>th</sup> December 2011

### THIS WEEKEND

Saturday, 17<sup>th</sup> December 2011

### NORTH WALSHAM VIKINGS

#### North Walsham Vikings v Diss (home), kick off 3pm

##### London One North

It is a long time since the Vikings went into a local derby game as second favourites but the briefest of glances at the league table would confirm that on this occasion it is so.

Saturday's opponents, Diss, are having arguably the best season in their history. However it is precisely for this reason that the Scottow side can be expected to pull out all the stops in an effort, not only to defeat their local rivals, but probably more importantly to move themselves out of the bottom three.

Nick Greenhall will expect to have as near a full strength squad as he can muster but much will depend on injuries picked up in last week's game and he could rotate some players. Chris Godwin missed the trip to Braintree with a hamstring strain and is still struggling but with the gritty flanker it would be unwise to rule him out. In any event, the coach has enough back five players to move people around and maintain the integrity of the pack. Unusually, thanks to the return of Ben Campbell and the arrival of Keith Fowles, Greenhall has competition for propping duties with Robin Praat also in the frame.

Scrum half Dean Blyth who has made an impact since his belated entry into the Vikings side and scored his first try at Braintree, is out for several weeks following surgery to repair a broken hand. However Henry Dewing, who has been away on training course, should slot back in and could be paired with David Treglown who scored 17 points on his return last week. Chris Borrett and James Crossley should form the centre pairing. Shane van Vuuren has had to return home due to a family bereavement, but again there is competition with Adie Ball, Adam Couzens, Nick Austin and Chad Seeley all in contention.

With the game being played under lights kick off will as usual be at 3pm but spectators are urged to arrive early.

**Squad:** B. Campbell, M. McCall, K. Fowles, S. Loose, R. Praat, I. Beck, G. Hegarty, C. Kent, L. Davies, C. Godwin, T. Collier, A. Tibbatts, H. Dewing, E. Reed, D. Treglown, C. Borrett, J. Crossley, A. Couzens, A. Dye, A. Ball, N. Austin, C. Seeley.

Diss's website is at <http://www.pitchero.com/clubs/dissrugby/>

## **NORTH WALSHAM RAIDERS**

### **Norwich Medics v North Walsham Raiders, (away) kick off 2pm Woodforde's Merit Table**

After a weekend off the Raiders return to action against the Medics at Little Melton.

**From:** S. Roberts, J. Ralston, R. Cooper, I. Webster, A. Miller, N. Roberts, R. George, O. Ware, W. Craggs, A. Lampert, L. Austin, N. Austin, G. Ayling, K. Tizzard, A. Beaumont, S. Bell, C. Seeley, L. Carlyle, A. Briggs, A. Hepburn.

## **NORTH WALSHAM JUNIOR VIKINGS**

**Sunday, 18<sup>th</sup> December 2011**

### **North Walsham Junior Vikings**

#### **Youth**

Under 17s    Coaching  
Under 16s    Coaching  
Under 15s    Diss (home)  
Under 14s    Norwich (away)  
Under 13s    Diss (away)

#### **Mini**

Coaching

## **NEXT FIXTURES**

**Saturday, 7<sup>th</sup> January 2012**

### **North Walsham Vikings**

Hammersmith & Fulham (away)

### **North Walsham Raiders**

Crusaders 2<sup>nd</sup> XV (away)

**Sunday, 8<sup>th</sup> January 2012**

## **North Walsham Junior Vikings**

### **Youth**

Under 17s Swaffham (home)  
Under 16s Coaching  
Under 15s Ipswich (home)  
Under 14s Coaching  
Under 13s Coaching (or West Norfolk (home))

### **Mini**

Holt (away)

## **LAST WEEKEND**

**Saturday, 10<sup>th</sup> December 2011**

### **Braintree 14, North Walsham Vikings 27**

As with all basement battles it is imperative for both sides to win to start moving up the table and safety by the season's end. Consequently the first half reflected this and both sides struggled to put passages of play together that might have got the crowd excited and warmed up on what was a bitterly cold day and in fairness a contributory factor to a number of the knock-ons.

To read Richard Flatters' full report, go to  
[http://www.pitchero.com/clubs/northwalsham/s/match-report-15263.html?fixture\\_id=296906&official=1](http://www.pitchero.com/clubs/northwalsham/s/match-report-15263.html?fixture_id=296906&official=1).

### **North Walsham Raiders 59, Southwold 2<sup>nd</sup> XV 6**

Having struggled with numbers up until Friday lunchtime it all suddenly came good and we started with a squad of 19 bolstered by former Viking Soul Phoenix and Robin Praat. Unfortunately we are still short of a hooker so it was once again uncontested scrums but Southwold who arrived with 15 players were not unhappy as they felt they were none too strong in that area.

To read Tony Marcantonio's full report, go to  
[http://www.pitchero.com/clubs/northwalsham/s/match-report-15274.html?official=0&fixture\\_id=762275](http://www.pitchero.com/clubs/northwalsham/s/match-report-15274.html?official=0&fixture_id=762275).

**Sunday, 11<sup>th</sup> December 2011**

### **North Walsham Under 14s 60, West Norfolk Under 14s 17**

From a Walsham perspective, this was one of the most entertaining matches of the season so far. West Norfolk came to play us with great expectations of a close contest but it turned out to be anything but!

To read the full match report, go to  
[http://www.pitchero.com/clubs/northwalsham/j/match-report-15278.html?fixture\\_id=708119&official=0](http://www.pitchero.com/clubs/northwalsham/j/match-report-15278.html?fixture_id=708119&official=0).

## North Walsham Under 13s 10, West Norfolk Under 13s 5

We only had 14 boys on the day so we had to ask West Norfolk if they were willing to lend us a player, which they kindly did.

To read the full match report, go to

[http://www.pitchero.com/clubs/northwalsham/j/match-report-15279.html?official=0&fixture\\_id=745357](http://www.pitchero.com/clubs/northwalsham/j/match-report-15279.html?official=0&fixture_id=745357).

## CLUB NEWS

### NOTICE - SPECIAL GENERAL MEETING

Wednesday, 11<sup>th</sup> January 2012, 7.30 pm

To be held at NWRFC Clubhouse

The purpose of this meeting is:

1. To adopt the Club accounts for the year ending 30<sup>th</sup> June 2011

If events lead to a vote being taken only VPs, life members and fully paid playing members will be eligible to vote.

## A NORFOLK RUGBY CHRISTMAS

Tuesday, 20<sup>th</sup> December 2011, 6.30pm, St John's Roman Catholic Cathedral

The Norfolk rugby fraternity is coming together to celebrate Christmas at St John's Roman Catholic Cathedral, Norwich and afterwards for drinks and refreshments in *The Narthex* on 20<sup>th</sup> December.

There will be traditional carols and readings, together with an address from Bishop Graham James (a North Walsham VP, of course)

Families are most welcome to celebrate the season with friends from all clubs across the county. (See separate attachment)



**FOLLOW US ON FACEBOOK** at

<http://www.facebook.com/groups/2312169140/> and  
<http://www.facebook.com/groups/205780410569/>

## FROM THE EDITOR

You are welcome to submit editorial although its inclusion is at the editor's discretion! All contributions should be emailed to the editor, Peter Treglown at [peter@fouragency.co.uk](mailto:peter@fouragency.co.uk). **If you are giving contact details, please include an email address.**

Newsletters are published every week during the season – generally on a Thursday. Copy deadline is midday on Thursdays.

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To keep in touch with all the latest news and happenings, including how to become a member or vice-president, don't forget to visit the **North Walsham Vikings website** at [www.nwrvc.co.uk](http://www.nwrvc.co.uk).

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